

CONSERVATION OF MOMENTUM

UNDERSTANDING THE CONSERVATION OF MOMENTUM

CONSERVATION OF MOMENTUM IS ONE OF THE MOST FUNDAMENTAL AND POWERFUL PRINCIPLES IN PHYSICS, GOVERNING THE BEHAVIOR OF EVERYTHING FROM MICROSCOPIC PARTICLES TO CELESTIAL BODIES. IT TELLS US THAT IN A CLOSED SYSTEM, THE TOTAL MOMENTUM REMAINS CONSTANT, A PROFOUND TRUTH THAT UNDERPINS MUCH OF OUR UNDERSTANDING OF MOTION AND INTERACTIONS. THIS ARTICLE WILL DELVE DEEP INTO THE CONCEPT, EXPLORING ITS DEFINITION, MATHEMATICAL FORMULATION, REAL-WORLD APPLICATIONS, AND THE UNDERLYING PRINCIPLES THAT MAKE IT SUCH A CORNERSTONE OF CLASSICAL MECHANICS. WE'LL UNCOVER WHY MOMENTUM ISN'T JUST A FANCY TERM FOR SPEED, AND HOW UNDERSTANDING THIS PRINCIPLE UNLOCKS INSIGHTS INTO COLLISIONS, ROCKET PROPULSION, AND EVEN THE RECOIL OF A FIREARM.

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WHAT IS MOMENTUM?

BEFORE WE CAN TRULY GRASP THE CONSERVATION OF MOMENTUM, WE NEED TO UNDERSTAND WHAT MOMENTUM ITSELF IS. IN PHYSICS, MOMENTUM IS A VECTOR QUANTITY THAT DESCRIBES AN OBJECT'S "QUANTITY OF MOTION." IT'S NOT JUST ABOUT HOW FAST SOMETHING IS MOVING, BUT ALSO ABOUT HOW MUCH "OOMPH" IT HAS, WHICH IS DETERMINED BY BOTH ITS MASS AND ITS VELOCITY. THINK ABOUT IT: A SLOW-MOVING TRUCK CARRIES FAR MORE MOMENTUM THAN A FAST-MOVING BICYCLE, EVEN THOUGH THE BICYCLE IS TRAVELING AT A HIGHER SPEED. THIS IS BECAUSE THE TRUCK'S SIGNIFICANTLY LARGER MASS PLAYS A CRUCIAL ROLE.

THE VECTOR NATURE OF MOMENTUM

IT'S ESSENTIAL TO REMEMBER THAT MOMENTUM IS A VECTOR. THIS MEANS IT HAS BOTH MAGNITUDE (HOW MUCH) AND DIRECTION. IF TWO OBJECTS HAVE EQUAL AND OPPOSITE MOMENTA, THEIR TOTAL MOMENTUM CAN BE ZERO. THIS DIRECTIONAL ASPECT IS CRITICAL WHEN CONSIDERING INTERACTIONS BETWEEN MULTIPLE OBJECTS, AS MOMENTUM CAN BE TRANSFERRED AND REDISTRIBUTED, BUT THE OVERALL DIRECTIONAL SUM MUST REMAIN CONSTANT IN A CLOSED SYSTEM. UNDERSTANDING THIS VECTOR NATURE IS KEY TO CORRECTLY APPLYING THE CONSERVATION LAW.

THE LAW OF CONSERVATION OF MOMENTUM

THE LAW OF CONSERVATION OF MOMENTUM IS A FUNDAMENTAL PRINCIPLE STATING THAT FOR ANY ISOLATED SYSTEM, THE TOTAL MOMENTUM REMAINS CONSTANT. AN "ISOLATED SYSTEM" IS ONE THAT IS NOT SUBJECT TO ANY EXTERNAL FORCES. IF THERE ARE NO EXTERNAL FORCES ACTING ON A SYSTEM, THEN THE TOTAL MOMENTUM OF ALL THE OBJECTS WITHIN THAT SYSTEM WILL NOT CHANGE, NO MATTER HOW THOSE OBJECTS INTERACT WITH EACH OTHER. THIS MEANS THAT MOMENTUM CAN BE TRANSFERRED BETWEEN OBJECTS WITHIN THE SYSTEM, BUT THE TOTAL AMOUNT OF MOMENTUM, CONSIDERING BOTH MAGNITUDE AND DIRECTION, WILL ALWAYS BE THE SAME BEFORE AND AFTER THE INTERACTION.

THE IMPORTANCE OF "ISOLATED"

THE CONCEPT OF AN ISOLATED SYSTEM IS PARAMOUNT. IN THE REAL WORLD, PERFECTLY ISOLATED SYSTEMS ARE RARE, IF NOT IMPOSSIBLE, DUE TO UBIQUITOUS EXTERNAL FORCES LIKE GRAVITY, FRICTION, AND AIR RESISTANCE. HOWEVER, THE PRINCIPLE OF CONSERVATION OF MOMENTUM IS AN EXTREMELY USEFUL APPROXIMATION. FOR MANY SITUATIONS, ESPECIALLY THOSE INVOLVING SHORT TIMESCALES OR SYSTEMS WHERE EXTERNAL FORCES ARE NEGLIGIBLE COMPARED TO INTERNAL FORCES, THE LAW PROVIDES INCREDIBLY ACCURATE PREDICTIONS. IT'S THE ASSUMPTION OF ISOLATION THAT ALLOWS US TO SIMPLIFY COMPLEX SCENARIOS.

MATHEMATICAL REPRESENTATION OF MOMENTUM CONSERVATION

MATHEMATICALLY, MOMENTUM (p) IS DEFINED AS THE PRODUCT OF AN OBJECT'S MASS (m) AND ITS VELOCITY (v):

$$p = m \times v$$

SINCE VELOCITY IS A VECTOR, MOMENTUM IS ALSO A VECTOR. FOR A SYSTEM OF MULTIPLE PARTICLES, THE TOTAL MOMENTUM (P) IS THE VECTOR SUM OF THE INDIVIDUAL MOMENTA OF ALL THE PARTICLES IN THE SYSTEM:

$$P = p_1 + p_2 + p_3 + \dots$$

THE LAW OF CONSERVATION OF MOMENTUM STATES THAT IF A SYSTEM IS ISOLATED (NO NET EXTERNAL FORCE), THEN THE TOTAL MOMENTUM OF THE SYSTEM REMAINS CONSTANT OVER TIME. THIS CAN BE EXPRESSED AS:

$$P_{\text{INITIAL}} = P_{\text{FINAL}}$$

IF WE CONSIDER AN INTERACTION BETWEEN TWO OBJECTS, SAY OBJECT 1 AND OBJECT 2, WITHIN AN ISOLATED SYSTEM, THEIR INITIAL TOTAL MOMENTUM ($p_1 + p_2$) WILL EQUAL THEIR FINAL TOTAL MOMENTUM ($p_f + p_{2f}$). THIS EQUATION IS THE BEDROCK OF ANALYZING COLLISIONS AND EXPLOSIONS.

MOMENTUM CHANGE AND IMPULSE

THE CHANGE IN MOMENTUM OF AN OBJECT IS KNOWN AS IMPULSE. IMPULSE IS ALSO EQUAL TO THE NET FORCE APPLIED TO THE OBJECT MULTIPLIED BY THE TIME OVER WHICH THAT FORCE ACTS ($J = F \times \Delta t$). FROM NEWTON'S SECOND LAW, WE KNOW THAT FORCE IS THE RATE OF CHANGE OF MOMENTUM ($F = \frac{\Delta p}{\Delta t}$). REARRANGING THIS, WE SEE THAT $\Delta p = F \times \Delta t$, WHICH IS THE DEFINITION OF IMPULSE. THEREFORE, A CHANGE IN AN OBJECT'S MOMENTUM REQUIRES AN EXTERNAL FORCE. IN AN ISOLATED SYSTEM, THE TOTAL IMPULSE ON THE SYSTEM DUE TO INTERNAL FORCES IS ZERO, MEANING THE TOTAL MOMENTUM DOESN'T CHANGE.

TYPES OF COLLISIONS AND THEIR IMPACT ON MOMENTUM

COLLISIONS ARE CLASSIC SCENARIOS WHERE THE CONSERVATION OF MOMENTUM IS BEAUTIFULLY ILLUSTRATED. DURING A COLLISION, OBJECTS EXERT FORCES ON EACH OTHER. THESE FORCES ARE INTERNAL TO THE SYSTEM OF COLLIDING OBJECTS. AS LONG AS THERE ARE NO SIGNIFICANT EXTERNAL FORCES ACTING DURING THE BRIEF MOMENT OF IMPACT, THE TOTAL MOMENTUM OF THE SYSTEM JUST BEFORE THE COLLISION IS EQUAL TO THE TOTAL MOMENTUM JUST AFTER THE COLLISION. HOWEVER, THE DISTRIBUTION OF THAT MOMENTUM CAN CHANGE DRAMATICALLY DEPENDING ON THE TYPE OF COLLISION.

ELASTIC COLLISIONS

IN AN ELASTIC COLLISION, BOTH MOMENTUM AND KINETIC ENERGY ARE CONSERVED. THIS MEANS THAT THE TOTAL MOMENTUM OF THE SYSTEM BEFORE THE COLLISION IS EQUAL TO THE TOTAL MOMENTUM AFTER, AND THE TOTAL KINETIC ENERGY OF THE SYSTEM ALSO REMAINS THE SAME. THINK OF PERFECTLY BOUNCY BALLS COLLIDING. IN AN IDEAL ELASTIC COLLISION, NO ENERGY IS LOST TO HEAT, SOUND, OR DEFORMATION. WHILE PERFECTLY ELASTIC COLLISIONS ARE THEORETICAL IDEALS, THEY ARE GOOD APPROXIMATIONS FOR MANY REAL-WORLD PHENOMENA, SUCH AS COLLISIONS BETWEEN ATOMIC PARTICLES OR BILLIARD BALLS IF WE IGNORE FRICTION AND AIR RESISTANCE.

INELASTIC COLLISIONS

AN INELASTIC COLLISION IS ONE WHERE KINETIC ENERGY IS NOT CONSERVED, ALTHOUGH MOMENTUM IS STILL CONSERVED. DURING AN INELASTIC COLLISION, SOME KINETIC ENERGY IS CONVERTED INTO OTHER FORMS, SUCH AS HEAT, SOUND, OR INTERNAL DEFORMATION OF THE OBJECTS. A PERFECTLY INELASTIC COLLISION IS A SPECIAL CASE WHERE THE COLLIDING OBJECTS STICK TOGETHER AFTER THE COLLISION, MOVING AS A SINGLE UNIT. EVEN THOUGH KINETIC ENERGY IS LOST, THE TOTAL MOMENTUM OF

THE SYSTEM REMAINS CONSTANT. FOR INSTANCE, WHEN A BULLET EMBEDS ITSELF INTO A BLOCK OF WOOD, THIS IS A NEARLY PERFECTLY INELASTIC COLLISION.

REAL-WORLD APPLICATIONS OF MOMENTUM CONSERVATION

THE CONSERVATION OF MOMENTUM ISN'T JUST A THEORETICAL CONCEPT; IT HAS PRACTICAL IMPLICATIONS IN NUMEROUS EVERYDAY AND ADVANCED APPLICATIONS. UNDERSTANDING THIS PRINCIPLE ALLOWS ENGINEERS, PHYSICISTS, AND EVEN ATHLETES TO PREDICT OUTCOMES AND DESIGN SYSTEMS.

ROCKET PROPULSION

ROCKET PROPULSION IS A DIRECT AND DRAMATIC APPLICATION OF MOMENTUM CONSERVATION. A ROCKET EXPELS HOT GAS AND EXHAUST PARTICLES AT HIGH VELOCITY IN ONE DIRECTION. TO CONSERVE THE TOTAL MOMENTUM OF THE SYSTEM (ROCKET + EXHAUST), THE ROCKET MUST MOVE IN THE OPPOSITE DIRECTION. THE MORE MASS THE ROCKET EXPELS, AND THE FASTER IT EXPELS IT, THE GREATER THE MOMENTUM CHANGE IMPARTED TO THE ROCKET, PROPELLING IT FORWARD. IT'S LIKE THROWING A HEAVY BALL BACKWARD WHILE YOU'RE ON AN ICE SKATE; YOU MOVE FORWARD.

BILLIARD BALL COLLISIONS

WHEN YOU PLAY BILLIARDS, YOU'RE CONSTANTLY WITNESSING MOMENTUM CONSERVATION IN ACTION. WHEN THE CUE BALL STRIKES ANOTHER BALL, MOMENTUM IS TRANSFERRED. IF THE CUE BALL STRIKES A STATIONARY BALL HEAD-ON, THE CUE BALL'S MOMENTUM IS LARGELY TRANSFERRED TO THE STRUCK BALL, CAUSING IT TO MOVE FORWARD, WHILE THE CUE BALL SLOWS DOWN OR STOPS. IF THE COLLISION IS AT AN ANGLE, BOTH THE DIRECTION AND MAGNITUDE OF MOMENTUM ARE REDISTRIBUTED BETWEEN THE BALLS, ALLOWING FOR THE PREDICTABLE TRAJECTORY CHANGES SEEN IN THE GAME.

RECOIL OF A GUN

THE RECOIL YOU FEEL WHEN FIRING A GUN IS ANOTHER CONSEQUENCE OF MOMENTUM CONSERVATION. BEFORE FIRING, THE GUN AND THE BULLET ARE AT REST, SO THEIR TOTAL MOMENTUM IS ZERO. WHEN THE GUN IS FIRED, IT EXPELS THE BULLET FORWARD WITH A CERTAIN MOMENTUM. TO KEEP THE TOTAL MOMENTUM OF THE GUN-BULLET SYSTEM ZERO, THE GUN MUST RECOIL BACKWARD WITH AN EQUAL AND OPPOSITE MOMENTUM. THE HEAVIER THE GUN, THE SLOWER THE RECOIL VELOCITY FOR A GIVEN BULLET MOMENTUM, WHICH IS WHY LARGER FIREARMS GENERALLY HAVE LESS FELT RECOIL THAN SMALLER ONES.

ASTRONAUTS AND SPACE EXPLORATION

IN THE VACUUM OF SPACE, WHERE EXTERNAL FORCES ARE MINIMAL, MOMENTUM CONSERVATION IS VITAL FOR MANEUVERING. ASTRONAUTS CAN MOVE AROUND A SPACECRAFT BY THROWING OBJECTS, PUSHING OFF SURFACES, OR USING SMALL THRUSTERS. FOR EXAMPLE, IF AN ASTRONAUT NEEDS TO MOVE TO A DIFFERENT PART OF A SPACE STATION, THEY CAN THROW A TOOL IN THE OPPOSITE DIRECTION. BY CONSERVING MOMENTUM, THE ASTRONAUT WILL SLOWLY DRIFT TOWARDS THEIR DESIRED LOCATION.

MOMENTUM IN A SYSTEM OF PARTICLES

THE CONCEPT OF MOMENTUM CONSERVATION EXTENDS BEAUTIFULLY TO SYSTEMS COMPOSED OF MULTIPLE PARTICLES. WHETHER IT'S A COLLECTION OF GAS MOLECULES OR A CLUSTER OF GALAXIES, IF THE SYSTEM IS ISOLATED, ITS TOTAL MOMENTUM REMAINS INVARIANT. THIS MEANS THAT EVEN IF INDIVIDUAL PARTICLES WITHIN THE SYSTEM ARE CONSTANTLY COLLIDING, EXCHANGING MOMENTUM, AND CHANGING THEIR INDIVIDUAL VELOCITIES, THE VECTOR SUM OF ALL THEIR MOMENTA WILL STAY THE SAME. THIS PRINCIPLE IS CRUCIAL FOR UNDERSTANDING THE COLLECTIVE BEHAVIOR OF LARGE ASSEMBLIES OF MATTER.

CENTER OF MASS MOTION

A KEY INSIGHT WHEN DEALING WITH A SYSTEM OF PARTICLES IS THE MOTION OF ITS CENTER OF MASS. THE CENTER OF MASS OF AN ISOLATED SYSTEM MOVES WITH CONSTANT VELOCITY. THIS MEANS THAT IF THE SYSTEM STARTS AT REST, ITS CENTER OF MASS REMAINS AT REST. IF THE SYSTEM HAS AN INITIAL MOMENTUM, ITS CENTER OF MASS WILL CONTINUE TO MOVE IN A STRAIGHT LINE AT A CONSTANT SPEED, UNAFFECTED BY THE INTERNAL INTERACTIONS WITHIN THE SYSTEM. IT'S AS IF THE ENTIRE SYSTEM IS MOVING AS A SINGLE POINT OBJECT, WITH ITS VELOCITY DETERMINED BY THE TOTAL MOMENTUM AND TOTAL MASS.

LIMITATIONS AND EXTENSIONS OF THE PRINCIPLE

WHILE THE CONSERVATION OF MOMENTUM IS A BEDROCK PRINCIPLE IN CLASSICAL PHYSICS, IT'S IMPORTANT TO ACKNOWLEDGE ITS LIMITATIONS AND HOW IT'S EXTENDED IN MORE ADVANCED THEORIES.

RELATIVISTIC EFFECTS

AT SPEEDS APPROACHING THE SPEED OF LIGHT, CLASSICAL MECHANICS BREAKS DOWN, AND WE MUST TURN TO EINSTEIN'S THEORY OF SPECIAL RELATIVITY. IN RELATIVISTIC PHYSICS, THE CONCEPT OF MOMENTUM IS MODIFIED TO ACCOUNT FOR THE INCREASE IN MASS WITH VELOCITY. HOWEVER, THE FUNDAMENTAL PRINCIPLE OF MOMENTUM CONSERVATION STILL HOLDS TRUE. THE RELATIVISTIC MOMENTUM IS GIVEN BY $p = \gamma mv$, WHERE γ IS THE LORENTZ FACTOR. THIS ENSURES THAT MOMENTUM IS CONSERVED EVEN AT EXTREME VELOCITIES.

QUANTUM MECHANICS

IN THE REALM OF QUANTUM MECHANICS, MOMENTUM IS ALSO A CONSERVED QUANTITY. HOWEVER, ITS MEASUREMENT AND BEHAVIOR ARE GOVERNED BY DIFFERENT RULES, PARTICULARLY THE UNCERTAINTY PRINCIPLE. FOR INSTANCE, A PARTICLE'S MOMENTUM CAN ONLY BE KNOWN WITH A CERTAIN DEGREE OF PRECISION, AND THERE'S A TRADE-OFF WITH THE PRECISION WITH WHICH ITS POSITION CAN BE KNOWN. DESPITE THESE QUANTUM NUANCES, THE TOTAL MOMENTUM OF AN ISOLATED QUANTUM SYSTEM IS ALWAYS CONSERVED, WHETHER IT'S DURING PARTICLE INTERACTIONS OR RADIOACTIVE DECAY.

THE CONSERVATION OF MOMENTUM IS A PROFOUND AND UNIVERSALLY APPLICABLE LAW OF PHYSICS. FROM THE SIMPLE ACT OF PUSHING OFF A WALL TO THE COMPLEX DYNAMICS OF GALAXIES, THIS PRINCIPLE PROVIDES AN INDISPENSABLE FRAMEWORK FOR UNDERSTANDING MOTION AND INTERACTIONS. ITS ELEGANCE LIES IN ITS SIMPLICITY AND ITS FAR-REACHING CONSEQUENCES, DEMONSTRATING THAT IN A CLOSED UNIVERSE, MOTION, IN ITS ENTIRETY, IS A CONSTANT.

FAQ

Q: WHAT IS THE DIFFERENCE BETWEEN MOMENTUM AND VELOCITY?

A: VELOCITY IS A MEASURE OF HOW FAST AN OBJECT IS MOVING AND IN WHAT DIRECTION. MOMENTUM, ON THE OTHER HAND, IS A MEASURE OF AN OBJECT'S "QUANTITY OF MOTION" AND IS CALCULATED AS THE PRODUCT OF ITS MASS AND ITS VELOCITY ($p = mv$). THEREFORE, WHILE VELOCITY IS A COMPONENT OF MOMENTUM, MOMENTUM ALSO ACCOUNTS FOR THE OBJECT'S MASS. A HEAVY OBJECT MOVING SLOWLY CAN HAVE THE SAME MOMENTUM AS A LIGHT OBJECT MOVING QUICKLY.

Q: CAN MOMENTUM BE CREATED OR DESTROYED?

A: NO, ACCORDING TO THE LAW OF CONSERVATION OF MOMENTUM, MOMENTUM CANNOT BE CREATED OR DESTROYED WITHIN AN ISOLATED SYSTEM. IT CAN ONLY BE TRANSFERRED FROM ONE OBJECT TO ANOTHER OR REDISTRIBUTED AMONG THE OBJECTS IN THE SYSTEM. THE TOTAL AMOUNT OF MOMENTUM IN AN ISOLATED SYSTEM ALWAYS REMAINS CONSTANT.

Q: WHAT IS AN EXAMPLE OF A SYSTEM WHERE MOMENTUM IS CONSERVED?

A: A CLASSIC EXAMPLE IS THE COLLISION OF TWO BILLIARD BALLS ON A TABLE, ASSUMING WE CAN IGNORE FRICTION AND AIR RESISTANCE. BEFORE THE COLLISION, THE BALLS HAVE A CERTAIN TOTAL MOMENTUM. AFTER THE COLLISION, EVEN THOUGH THEIR INDIVIDUAL VELOCITIES AND DIRECTIONS CHANGE, THE VECTOR SUM OF THEIR MOMENTA REMAINS THE SAME AS IT WAS BEFORE THE COLLISION. ANOTHER EXAMPLE IS THE RECOIL OF A GUN: THE FORWARD MOMENTUM OF THE BULLET IS BALANCED BY THE BACKWARD MOMENTUM OF THE GUN.

Q: WHAT HAPPENS TO MOMENTUM DURING AN EXPLOSION?

A: DURING AN EXPLOSION, THE TOTAL MOMENTUM OF THE SYSTEM OF FRAGMENTS IS CONSERVED. BEFORE THE EXPLOSION, THE OBJECT MIGHT HAVE BEEN AT REST, MEANING ITS TOTAL MOMENTUM WAS ZERO. AFTER THE EXPLOSION, THE FRAGMENTS MOVE IN VARIOUS DIRECTIONS, BUT THE VECTOR SUM OF ALL THEIR INDIVIDUAL MOMENTA WILL STILL BE ZERO, INDICATING THAT THE NET MOMENTUM OF THE SYSTEM HAS NOT CHANGED.

Q: HOW DOES MOMENTUM CONSERVATION APPLY TO A ROCKET LAUNCHING INTO SPACE?

A: A ROCKET CONSERVES MOMENTUM BY EXPELLING HOT GASES DOWNWARDS AT HIGH SPEED. THE MOMENTUM OF THESE EXPELLED GASES IN ONE DIRECTION RESULTS IN AN EQUAL AND OPPOSITE MOMENTUM FOR THE ROCKET, PROPELLING IT UPWARDS. EVEN THOUGH THE ROCKET IS GAINING SPEED AND MASS IS BEING EXPELLED, THE TOTAL MOMENTUM OF THE ROCKET-GAS SYSTEM REMAINS CONSTANT (OR CHANGES ONLY DUE TO EXTERNAL FORCES LIKE GRAVITY, WHICH ARE TYPICALLY MUCH SMALLER THAN THE FORCES GENERATED BY THE ENGINE DURING LAUNCH).

Q: IF TWO OBJECTS COLLIDE AND STICK TOGETHER, IS MOMENTUM STILL CONSERVED?

A: YES, MOMENTUM IS ALWAYS CONSERVED IN ANY TYPE OF COLLISION, INCLUDING WHEN OBJECTS STICK TOGETHER (A PERFECTLY INELASTIC COLLISION). ALTHOUGH KINETIC ENERGY IS LOST IN SUCH COLLISIONS, THE TOTAL MOMENTUM OF THE SYSTEM JUST BEFORE THE COLLISION IS EQUAL TO THE TOTAL MOMENTUM OF THE COMBINED MASS IMMEDIATELY AFTER THE COLLISION.

Q: DOES AIR RESISTANCE AFFECT MOMENTUM CONSERVATION?

A: AIR RESISTANCE IS AN EXTERNAL FORCE. THEREFORE, IF AIR RESISTANCE IS SIGNIFICANT, IT MEANS THE SYSTEM IS NOT TRULY ISOLATED, AND THE TOTAL MOMENTUM OF THE SYSTEM (INCLUDING THE AIR) WOULD BE CONSERVED. HOWEVER, WHEN ANALYZING JUST THE INTERACTING OBJECTS, AIR RESISTANCE ACTS AS AN EXTERNAL FORCE THAT CAUSES A CHANGE IN THEIR COMBINED MOMENTUM, SO THE PRINCIPLE OF CONSERVATION OF MOMENTUM FOR JUST THOSE OBJECTS WOULD NOT STRICTLY APPLY WITHOUT ACCOUNTING FOR THE FORCE EXERTED BY THE AIR.

Q: HOW IS MOMENTUM CONSERVATION USED IN SPORTS?

A: MOMENTUM CONSERVATION IS CRUCIAL IN MANY SPORTS. FOR EXAMPLE, IN AMERICAN FOOTBALL, A LINEMAN TRYING TO STOP A RUNNER USES THE PRINCIPLE OF CONSERVATION OF MOMENTUM TO MAXIMIZE THE TRANSFER OF MOMENTUM AND BRING THE RUNNER TO A HALT. IN SPORTS INVOLVING COLLISIONS, LIKE HOCKEY OR RUGBY, UNDERSTANDING HOW MOMENTUM IS TRANSFERRED HELPS PLAYERS PREDICT OUTCOMES AND STRATEGIZE THEIR MOVEMENTS. EVEN IN SPORTS LIKE GYMNASTICS, GYMNASTS USE THE CONSERVATION OF MOMENTUM TO CONTROL THEIR ROTATION IN THE AIR.

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